

	<b>Andhra Christian College, Guntur</b> Affiliated to Acharya Nagarjuna University Sambasivapet main road, Guntur -522001, A. P. E mail: <a href="mailto:accollegeguntur@ymail.com">accollegeguntur@ymail.com</a> website: <a href="http://www.accollegeguntur.com">www.accollegeguntur.com</a>	Criterion: <b>V</b>
		Metric: <b>5.1.2</b>

**2018-2019**

**5.1.2 Capacity development and skills enhancement activities organized for improving student's capability.**

**Report on Programmes / activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)**

**Soft Skills**

**ANDHRA CHRISTIAN COLLEGE, GUNTUR**  
(Day, Evening, & P.G)

**Notice**

**2018-19**

30-7-2018

**Topic: Importance of Interpersonal Skills**

Dear Students,

Interpersonal skills are essential for building meaningful relationships, effective communication, and successful teamwork. Hence there is a orientation class for all the degree students to explain the Interpersonal skills by the faculty of Commerce dept.

Date: 31-7-2018

Time: 10 to 11 am

Venue: J.D.SEELEM SEMINAR HALL



*M.S. C...*  
PRINCIPAL  
ANDHRA CHRISTIAN COLLEGE  
(Day, Evening & P.G)  
GUNTUR

	<b>Andhra Christian College, Guntur</b> Affiliated to Acharya Nagarjuna University Sambasivapet main road, Guntur -522001, A. P. E mail: <a href="mailto:accollegeguntur@ymail.com">accollegeguntur@ymail.com</a> website: <a href="http://www.accollegeguntur.com">www.accollegeguntur.com</a>	<b>Criterion: V</b>
		<b>Metric:5.1.2</b>

## Brief Report

2018-19

### Interpersonal Skills

The senior faculty of our college has explained the following points to the students.

#### Why Interpersonal Skills Matter:

1. **Enhanced Communication**
  - Effective communication leads to better understanding and fewer misunderstandings.
  - Good interpersonal skills help you articulate your thoughts clearly and listen actively.
2. **Stronger Relationships**
  - Building and maintaining positive relationships with peers, instructors, and others.
  - Interpersonal skills foster trust, respect, and collaboration.
3. **Increased Empathy and Understanding**
  - Being able to understand and share the feelings of others.
  - Empathy enhances your ability to connect with and support others.
4. **Conflict Resolution**
  - Effectively managing and resolving conflicts in a constructive manner.
  - Strong interpersonal skills help you navigate disagreements and find solutions.
5. **Professional Success**
  - Employers highly value interpersonal skills for teamwork and client interactions.
  - These skills are essential for leadership and career advancement.

#### Tips for Developing Interpersonal Skills:

1. **Active Listening**
  - Pay attention to what others are saying without interrupting.
  - Show interest through nodding, eye contact, and appropriate responses.
2. **Effective Communication**
  - Clearly express your thoughts and feelings.
  - Use positive body language and maintain eye contact.
3. **Empathy**
  - Try to understand things from others' perspectives.
  - Show genuine concern and support for others.

4. **Respect and Courtesy**
  - Treat everyone with respect and kindness.
  - Be polite and considerate in all interactions.
5. **Collaboration**
  - Work cooperatively with others to achieve common goals.
  - Value and appreciate the contributions of all team members.
6. **Conflict Resolution**
  - Address conflicts calmly and constructively.
  - Focus on finding mutually beneficial solutions.
7. **Feedback and Improvement**
  - Be open to receiving and giving constructive feedback.
  - Use feedback to improve your interpersonal interactions.
8. **Positive Attitude**
  - Maintain a positive and approachable demeanor.
  - Encourage and support others.

#### **Activities and Opportunities to Enhance Interpersonal Skills:**

- Participate in group projects and collaborative learning activities.
- Join clubs, societies, and extracurricular activities to meet and interact with diverse groups of people.
- Attend workshops and seminars on communication, teamwork, and leadership.
- Volunteer for roles that require interaction and collaboration with others.

By developing strong interpersonal skills, you will be better equipped to build positive relationships, communicate effectively, and work collaboratively. These skills are crucial for your success in both academic and personal life. 60 students have participated



Topic: Importance of Interpersonal Skills

Students Attend

Date: 31-7-2018

S.NO	Class No	Name of the student	Signature of the Student
1	1	T. Anil Babu	T. Anil Babu
2	2	U. Eswara Kumar	U. Eswara Kumar
3	3	V. Devadasu	V. Devadasu
4	4	D. Daveedu Raju	D. Daveedu Raju
5	5	S. Sudhakar	S. Sudhakar
6	6	P. Gangaiah	P. Gangaiah
7	7	P. Messaiah	P. Messaiah
8	8	K. Anusha	K. Anusha
9	9	B. Pavan Ravi Kumar	B. Pavan Ravi Kumar
10	10	Sk Masood	Sk. Masood
11	11	A. Ambika Krishna Kishore	A. Ambika Krishna Kishore
12	12	P. Santhi	P. Santhi
13	13	Sk. Muhammad Quasim	Sk. Muhammad Quasim
14	14	M. Ratna Kumar	M. Ratna Kumar
15	15	V. Jeevan Jyothi	V. Jeevan Jyothi
16	16	Sk. Kasim Saida	Sk. Kasim Saida
17	17	Ch. Lurdhamma	Ch. Lurdhamma
18	18	M. Pitchaiah	M. Pitchaiah
19	19	B. Kumar Naik	B. Kumar Naik
20	20	G. Dinesh Babu	G. Dinesh Babu
21	21	N. Srinivasa Rao	N. Srinivasa Rao